

6 Bedroom Trends Designers Are Loving Right Now

Get inspired for your next bedroom update—just in time for winter hibernation.

By **Alyssa Longobucco** | Updated on October 29, 2024



PHOTO: PHOTO BY ANICE HOACHLANDER FOR TRACY MORRIS DESIGN

Of all the places in your home to decorate, [the bedroom](#) might just be the most important. After all, it's the foundation of the start (and end) of every day, setting the tone for every morning and night. And trust us when we say, good bedroom design goes *far* beyond just making your bed every day. The best bedrooms will offer comfort and respite in whatever way you prefer it, whether that's bold colors, cozy textures, or whisper whites.

While [creating a bedroom](#) that suits your personal style is always the goal, it can be fun to follow trends to help inform what you do in your own space. From emerging color palettes to creative window treatments, the below bedroom design trends are pro-approved and primed for making this hibernation season your coziest one yet.

MEET THE EXPERT

- [Kate Marker](#), interior designer and author of the new book *The Love of Home*
- [Tracy Morris](#), designer and founder of Tracy Morris Design
- [Madelaine Mayer](#), founder and principal designer of AD:ROIT

A Back-to-Nature Palette



PHOTO: PHOTO BY [MARGARET RAJIC](#) FOR [KATE MARKER INTERIORS](#)

Many people find nature to be one of the most relaxing places, so it should come as no surprise that earthy neutrals and natural textures have become the go-to palette for bedrooms as of late. “These elements provide a calming and sophisticated look that's perfect for creating a relaxing retreat,” says designer Kate Marker. “Think soft tones of beige, brown, and green paired with natural materials like wood, rattan, and linen.”

Fully Upholstered Furniture



PHOTO: GETTY IMAGES

One motto reigns supreme in the bedroom: The softer, the better. That, of course, holds true for things like sheets and pillows, but the cozy ethos is also now extending to furniture. “I am loving the emergence of the fully upholstered four-poster bed,” says designer Tracy Morris. “It’s the ultimate combination of clean lines and coziness.” If you’re not in the market for an updated bed, consider adding the trend to your bedroom on a smaller scale, like with an upholstered ottoman.

Layered Window Treatments



PHOTO: GETTY IMAGES

Whether you rely on your window treatments to lend privacy or block out light, there's no denying that they're an important component of a well-composed bedroom. Lately, designers are encouraging clients to lean into a more-is-more attitude when it comes to window treatments. "I think more people are understanding the value of layering their bedroom window treatments," says designer Madelaine Mayer. "I am a huge proponent of the three-layer strategy: a privacy sheer, a blackout roller or Roman shade, and drapery panels. Whenever possible, I also like to add a cornice for visual continuity—and to conceal all the hardware."

Mayer adds that drapery can also be used instead of closet doors or a headboard. "Using the same fabric in multiple ways around a room lends an elevated feeling of cohesion with the softness of a cocoon that is perfectly suited to a personal sanctuary," she says.

Mood Lighting



PHOTO: GETTY IMAGES

At the end of the day, the last thing you want is to feel like you're under the harsh lights of an interrogation room when you head to bed. The key to a tranquil space? Mood lighting. This could mean a floor lamp, bedside sconces, a nighttime reading light or another creative form of lighting. Essentially, you want to give yourself other ways to add a glow to your space beyond harsh overhead lights.

Color Drenching



PHOTO: GETTY IMAGES

All-over color can make a serious impact in any space, especially one as snug and comforting as your bedroom. According to Morris, the [color-drenching](#) techniques that are making waves in design are coming into the sleeping quarters, too, lending the same hug-like appeal and resulting in a room that feels sophisticated and snuggly. Essentially, color drenching refers to painting the walls, ceilings, trim, and more details in a room the same color—and the result is a bold, dramatic look.

Pared-Back Bedding



PHOTO: GETTY IMAGES

Just like a fireplace is the focal point of your living room, so is your bed in the bedroom—so don't you think it deserves the star treatment? These days, though, that doesn't necessarily have to mean piles of pillows or a layers of bedding; in fact, simple is back in the bed department. "As much as I love a pile of decorative pillows with rich fabrics and ornate trims, there is a drive towards a simplification and unfussing of our beds," says Mayer. "We're seeing more solids and textures rather than printed patterns, more subtle earth tones rather than bold jewel tones, and dare I say it, fewer pillows," Mayer recommends opting for two to four [sleeping pillows](#) and a decorative lumbar pillow. "It's relaxed and easy, but still sophisticated and elegant," she adds.